



**Lockdown Education  
Information and  
Resources for Parents**

In association with



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## Lockdown Education - Information and Resources for Parents

These resources have been curated for you by JK Educate, the educational consultancy and tutoring agency established in 2010 by experienced teachers and published education writers, Lorrae Jaderberg and Katie Kraus. There is a combination of sound advice and interesting online resources which we hope you will find useful.

JK Educate's select team of highly qualified tutors and consultants offer advice, bespoke education planning and one-to-one teaching, to enable every child to reach their full potential.

JK Educate's services include online tutoring (and face-to-face tutoring under normal circumstances), academic assessments, preparation for admissions interviews, mock exams, school selection advice, and careers and university entrance support.

Call our experienced consultants on **020 3488 0754** for free advice at any time.

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## Advice on Managing Home Schooling

[JK Educate tips for home learning during the pandemic](#)

<https://www.theguardian.com/keep-connected/2020/apr/15/need-help-with-home-schooling-12-of-the-best-apps-if-youre-teaching-kids-in-lockdown>

<https://www.channelmum.com/c/staying-home>

<https://www.scope.org.uk/advice-and-support/homeschooling-during-lockdown/>

[JK home learning mentoring service](#)

<https://www.scope.org.uk/advice-and-support/managing-challenging-behaviour/>

<https://www.bbc.co.uk/bitesize/articles/znbnscw>

<https://www.scope.org.uk/advice-and-support/flexible-working-from-home-with-my-children/>

[Video explaining JK's online tutoring service](#)

## Home Learning Resources

<https://www.common sense media.org/blog/the-best-podcasts-for-kids>

<https://stories.audible.com/start-listen>

<https://www.independent.co.uk/extras/indybest/kids/best-kids-school-lessons-live-online-joe-wicks-video-watch-stream-a9464281.html?amp>

<https://www.independent.co.uk/extras/indybest/kids/toys-activities/best-educational-toy-school-learning-self-isolating-quarantine-a9418516.html>

<https://www.independent.co.uk/extras/indybest/books/childrens/best-homeschooling-books-where-to-buy-a9442276.html>

## Resources Relating to Mental Health

[JK Educate article about supporting children's mental health](#)

<https://youngminds.org.uk/find-help/for-parents/supporting-your-child-during-the-coronavirus-pandemic/>

<https://www.scope.org.uk/advice-and-support/mental-health-and-coronavirus/>

<https://www.bbc.co.uk/bitesize/articles/znsmyxc>

<https://youngminds.org.uk/blog/how-to-make-a-self-soothe-box/>

<https://www.childrenscommissioner.gov.uk/our-work/digital/5-a-day/>

## Advice for Home Learning with SEN

<https://www.autism.org.uk/services/helplines/coronavirus/resources/stories-from-the-spectrum.aspx>

<https://www.challengingbehaviour.org.uk/learning-disability-assets/supportingchildrenandadultswithsevrelarningdisabilitesathomeduringthecoronaviruspandemic.pdf>